



DEVELOPING ATHLETE PROGRAM



## NCAS Basketball Program 2022-23

### About the Academy

Established in 1989, the North Coast Academy of Sport aims to assist young athletes from the region to achieve sporting excellence. The Academy is a non-profit organisation covering the NSW coastal region extending from Laurieton to Tweed Heads. Programs in numerous sports are offered, with the Academy working closely with the relevant state and regional sporting associations.

### About the Basketball Program

The Academy Basketball Program was originally established by the Academy in 1990, with the program running until 1998. The Academy reintroduced Basketball in 2006 and has since partnered with Basketball NSW to assist in delivering the Basketball New South Wales High-Performance Program - a three-tier system developed to identify, develop, and foster the skills of young athletes who aspire to compete at the representative, national, and international levels of basketball. For Country Athletes – the DAP Program will be delivered through the Regional Academy of Sport's networks.

Athletes will need to apply annually to join DAP/SPP/NPP, even if they have made said program in the previous year. The Developing Athlete Program (DAP) is the first tier of Basketball NSW High Performance Program. From the athlete's perspective there is a strong focus on the identification, development, and support of individuals born in 2008-2011. The Developing Athlete Program also serves as platform to develop and educate aspiring elite coaches. Basketball NSW will provide expert coaching with elements of mentoring, training, education, and support.

The delivery of the DAP program in North-East NSW will include up to 40 athletes in 2022-23, selected through a public call up, followed by a selection trial which is to be held 16<sup>th</sup> October 2022. The selected squad will be announced following the trials.

Up to 40 athletes that show the potential to progress onto state or national level basketball will be selected into the squad as either performance or development players. As well as intensive training days and/or camps, squad members also receive an athlete education program which includes sports nutrition, sports psychology, strength and conditioning, and drugs awareness. In addition to training camps some squad members may be invited to tour and represent NCAS at tournaments. The NCAS Basketball Program is endorsed by Basketball NSW.

### Selection Trial Date & Venue

When: 16<sup>th</sup> October 2022

Location: Grafton PCYC

Time: 10am – 4pm

Trial fee: \$35 (invoiced upon close of applications)

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### **Selection Criteria**

From the selection trial, the Selection Committee will select athletes into the NCAS Basketball program based on the following criteria:

1. Performance at the Basketball Trial event
2. Fundamental skills (based on performance and assessment at the trial)
3. Ability to interact with others and demonstrate team-play skills
4. Conduct and attitude (based on performance and assessment during the trial)

### **Squad Selections**

#### **Performance Squad**

The performance squad will consist of 10 male and 10 female athletes born 2008-2011. Athletes selected for the performance squad are eligible to compete in the 2023 'Your Local Club' Academy Games, Wagga Wagga.

#### **Development Squad**

The development squad will consist of 10 male and 10 female athletes born 2008-2011. Athletes selected in the development squad will not attend the 2023 'Your Local Club' Academy Games. Competition opportunities will be available in the form of an inter-academy camp in Terrigal.

### **Further Information**

If you have any queries, please contact the Sport Programs Manager on 0448 899 681.

Please accept my best wishes for you in the upcoming trial.

Yours Faithfully,



Claire McCulloch  
**Sports Programs Manager**  
**North Coast Academy of Sport**