



DEVELOPING ATHLETE PROGRAM

## NCAS Basketball Program 2021

### About the Academy

Established in 1989, the North Coast Academy of Sport aims to assist young athletes from the region to achieve sporting excellence. The Academy is a non-profit organisation covering the NSW coastal region extending from Laurieton to Tweed Heads. Programs in numerous sports are offered, with the Academy working closely with the relevant state and regional sporting associations.

### About the Basketball Program

The Academy Basketball Program was originally established by the Academy in 1990, with the program running until 1998. The Academy reintroduced Basketball in 2006 and has since partnered with Basketball NSW to assist in delivering the Basketball New South Wales' High-Performance Program - a three-tier system developed to identify, develop, and foster the skills of young athletes who aspire to compete at the representative, national, and international levels of basketball. For Country Athletes – the DAP Program will be delivered through the Regional Academy of Sport's networks.

Athletes will need to apply annually to join DAP/SPP/NPP, even if they have made said program in the previous year. The Developing Athlete Program (DAP) is the first tier of Basketball NSW High Performance Program. From the athlete's perspective there is a strong focus on the identification, development, and support of individuals born in 2006-2009. The Developing Athlete Program also serves as platform to develop and educate aspiring elite coaches. Basketball NSW will provide expert coaching with elements of mentoring, training, education and support.

The delivery of the DAP program in North East NSW will include up to 40 athletes in 2021, selected through a public call up, followed by a selection trial which is to be held in November. The selected squad will be announced following the trials.

### DAP Program Structure

The program will involve:

- 1 x trial day
- 4-6 x training sessions. Confirmed NCAS calendar will be forwarded to athletes offered a position within the squad following trials
- A Tour to the ClubsNSW Academy Games held at Newcastle during 16<sup>th</sup>-18<sup>th</sup> April 2021 for some selected squad athletes

Proudly supported by

- Your Local Club NCAS Education Program (dates TBC)
- There may also be invitations to attend BNSW development/competition events (TBC by BNSW)

Up to 40 athletes that show the potential to progress onto state or national level basketball will be selected into the squad. As well as intensive training days and/or camps, squad members also receive an athlete education program which includes sports nutrition, sports psychology, strength and conditioning, and drugs awareness. In addition to training camps some squad members may be invited to tour and represent NCAS at tournaments. Announcement of selected athletes will occur within the program. The NCAS Basketball Program is endorsed by Basketball NSW.

### Program Staff

The 2021 Program staff will include:

- Head Coaches Nash Campbell and Alvin Caoyonan
- Squad Coaches
- Trainee Coaches
- Managers

As well as the appointed coaching staff, NCAS may be inviting guest coaches and consultants to work with the program's athletes and coaches.

### Eligibility to Apply

To be eligible for NCAS selection, athlete's trialling must meet the following criteria:

1. Must be a current financial registered member of a Basketball Association in the North Coast catchment area (see councils below)
2. The program is open to male and female basketball players
3. Athletes must be born within the years 2006–2009 inclusive.
4. Must have a willingness to undertake a structured development program and abide by NCAS policies.
5. Complete and submit an application form by the due date **5.00pm Friday 30<sup>th</sup> October 2020**. **No late applications will be accepted.**
6. Attend the Selection Trial Day, **15th November 2020 at Raymond Laurie Sports Centre, Yamba (\$35 trial fee)**
7. State Performance Plan (SPP) athletes will also be eligible to participate in the NCAS DAP program.
8. Reside in the North Coast Local Government Areas of Tweed, Byron, Lismore, Ballina, Kyogle, Richmond River, Clarence Valley, Coffs Harbour, Bellingen, Nambucca, Kempsey and Port Macquarie-Hastings.

### Selection Trial Date & Venue

When: 15th November 2020

Location: Raymond Laurie Sports Centre, Yamba

Time: 1:30pm start – 5pm finish

Cost: \$35

### Selection Criteria

From the selection trial, the Selection Committee will select athletes into the NCAS Basketball program based on the following criteria:

1. Performance at the Basketball Trial event.
2. Fundamental skills (based on performance and assessment at the trial)
3. Ability to interact with others and demonstrate team-play skills
4. Conduct and attitude (based on performance and assessment during the trial)

### **Selection Committee**

The Selection Committee may consist of:

- The NCAS Head Coaches
- The NCAS Assistant Coaches
- Basketball NSW Appointed Selector/Coach

Please ensure at least one active e-mail address is provided on your application. **Applications close Friday 30<sup>th</sup> October 2020 at 5.00pm sharp.**

### **Further Information**

If you have any queries please contact the Programs Manager on 0455 290 367.

Please accept my best wishes for you in the upcoming trial.

Yours Faithfully,

A handwritten signature in blue ink, appearing to read 'Claire', written in a cursive style.

Claire McCulloch  
**Acting Sports Programs Manager**  
**North Coast Academy of Sport**