



## North Coast Academy of Sport NETBALL PROGRAM STAFF APPLICATIONS 2022

### About the Academy

Established in 1989, the North Coast Academy of Sport aims to assist young athletes from the region to achieve sporting excellence. The Academy is a non-profit organisation covering a NSW coastal region extending from Laurieton to Tweed Heads. Programs in numerous sports are offered, with the Academy working closely with the relevant state and regional sporting associations.

### About the Netball Program

The Academy Netball program was established in 1990 and a major aim of the program is to assist the individual development of each athlete so that they progress further in the sport. The program is supported and endorsed by Netball NSW and will commence in December 2021 and run to September/October 2022. The program has an emphasis on providing greater skills development, strength and conditioning support and physical preparation leading to the U17 State Selection Trials in October/November 2022. While the program focus is on the individual athletes, the Academy and Netball NSW work together closely to provide the coaching staff varied opportunities in coach and manager development.

The selected squad of around 24 performance athletes & 10 development athletes will be announced following NCAS trials in November 2021.

### Staffing Structure includes

Head Coach  
Manager  
1 Assistant Coaches  
1-4 Apprentice Coaches  
Consultant Coaches may be brought in for individual sessions

### Program Structure

The program involves 10-12 days of activities which includes a number of training days as well as two tours; the Your Local Club Academy Games held at Wagga Wagga 8-10<sup>th</sup> April 2022 and the Academy Challenge Netball Tournament (Port Macquarie, Oct 2022 TBC).

### NCAS Netball training dates

Please note the program below is an indicative guide only and may change. Specific dates will be confirmed shortly. NCAS dates are scheduled to avoid where possible major North Coast, Far North Coast and Netball NSW dates.

November 2021	NCAS Netball 2022 Trials	Yamba
December 2021	NCAS Netball Induction & Testing	Coffs Harbour
February 2022	Training 1	Overnight Camp Yamba
March 2022	Training 2	Coffs Harbour

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March/April 2022	Training 3	Yamba
8-10 April 2022	Your Local Club Academy Games	Wagga Wagga, NSW
May 2022 (TBC)	NCAS Academy Awards	
August 2022	Training 4	Coffs Harbour
August 2022	Training 5	Yamba
September 2022	Training 6	Coffs Harbour
October 2022 (TBC)	NNSW Academy Challenge	Port Macquarie
Date TBC 2022	Your Local Club NCAS Education Program – Athletes and Coaches	Coffs Harbour

To contact the NCAS please phone 02-6620 3073 or email [programs@ncas.org.au](mailto:programs@ncas.org.au).

On behalf NCAS, I extend my thanks to the coaches and managers who apply for a position in the program in the hope of gaining a new and rewarding experience.

Thank You and Best Wishes,



**Claire McCulloch**  
Sport Programs Manager  
North Coast Academy of Sport