North Coast Academy of Sport 2022 Indoor Volleyball Program
STAFF APPLICATION PACK

About the Academy
Established in 1989, the North Coast Academy of Sport aims to assist young athletes from the region to achieve sporting excellence. The Academy is a non-profit organisation covering the NSW coastal region extending from Laurieton to Tweed Heads. Programs in numerous sports are offered, with the Academy working closely with the relevant state and regional sporting associations.

North Coast Academy of Sport (NCAS) is one of eleven regional academies throughout NSW. Supported by the NSW Government – Office of Sport and Southern Cross University, NCAS has as our core business, the identification and development of talented junior athletes on the North Coast of NSW.

About the Indoor Volleyball Program
The North Coast Academy of Sport Indoor Volleyball Program plays a vital role in the Volleyball NSW pathway by identifying, monitoring, and developing the skills of young volleyball players. Members of the squad will be exposed to expert coaching services, and sport specific education in areas such as strength and conditioning and nutrition.

In partnership with Volleyball NSW, we have worked to develop the NCAS Indoor Volleyball Program to be in alignment with the VNSW Phoenix (State Team) pathway. In delivering this program, we hope that it will assist our athletes towards the next step in their sporting careers. The program will be conducted from March to August 2022.

The program will provide coaching, training, and competition to improve athlete development with a view to:

- Provide localised training in alignment with VNSW Phoenix performance priorities, for athletes and coaches across the North Coast (previously delivered only through the centralised State Team program).
- Provide a targeted athlete education program, covering modules such as nutrition, sports psychology, injury prevention and management, and drugs in sport.
- Provide athletes access to strength & conditioning services and education.
- Increase the education level of coaches through the development of a combined coaching cohort, with State-wide content led by VNSW.
- Provide a regional level representative championship opportunity within NSW.
- Provide an opportunity for talent identification throughout NSW and therefore engage with more individuals.

Staff Structure
The staffing structure may include:

- Head Coach
- Assistant Coach

- Apprentice/Trainee Coach
- Manager
- Strength & Conditioning Coach – ACE Performance

Program Structure

The Indoor Volleyball program involves activities which will consist of:

- Induction Presentation Day
- NCAS Athlete Education Program
- Approx. 18 hours Training Sessions: program calendar to be shaped by appointed Head Coach, NCAS staff and VNSW
- Strength & Conditioning training with ACE Performance – face to face & online

Program Dates, Times, and Activities

The 2022 Indoor Volleyball program will follow the following schedule: 6 x Combined Sessions where all athletes and coaches will meet centrally (**Coffs Harbour TBC**), Academy Games & VNSW/RASi Tournament. Please note the following schedule of dates is **indicative only and is subject to change**. Venue locations will be finalised shortly. Please contact the Academy if you would like to discuss any part of this program.

Date	Event	Time	Venue
12th February 2022	Trials	10am – 2pm	SCU Coffs Harbour
21st February 2022	Athlete Induction	5:30 - 6:30pm	Zoom
5th March 2022	Training Session 1	10am – 1pm	SCU Coffs Harbour
26th March 2022	Training Session 2	10am – 1pm	SCU Coffs Harbour
7-11th April 2022	Academy Games	3.5 days	Wagga Wagga
14th May 2022	Training Session 3	10am – 1pm	SCU Coffs Harbour
May 2022	Academy Awards	TBC	Coffs Harbour
5th June 2022	Training Session 4	10am – 1pm	Sportz Central, Coffs Harbour
10th July 2022	Training Session 5	10am – 1pm	Sportz Central, Coffs Harbour
31th July 2022	Training Session 6	10am – 1pm	Sportz Central, Coffs Harbour
6-7th August 2022	Inter-Academy Tournament	2 days	Sydney

Applications

Applications for the 2021-22 NCAS Indoor Volleyball program can be made via the NCAS website - https://ncas.org.au/sport-programs/volleyball/

Please ensure that you submit all relevant documentation when completing your application.

Further Enquiries

For further information, please contact the NCAS office via programs@ncas.org.au.

Yours sincerely,

Claire McCulloch
Sport Programs Manager
North Coast Academy of Sport

North Coast Academy of Sport
POSITION DESCRIPTION

2022 Indoor Volleyball Program - Head Coach

Duties of the position

1. In consultation with the other Indoor Volleyball program staff and Academy representatives, plan, develop and co-ordinate a quality regional program for talented junior athletes under the principle of the Academy's STEP guidelines.
2. Set and monitor daily coaching plans for camps.
3. Attend all program activities.
4. Supervise, instruct, and evaluate athletes in the program.
5. Liaise with specialist consultants and guest coaches as required.
6. Manage a small staff team. This includes the supervision and direction of staff at program activities, assisting with the professional development of and the annual evaluation of staff.
7. Provide reports in writing or verbally on program activities suitable for annual reports, newsletter, camp reports and academy awards etc.
8. **Dependent on selected squad demographics there may be scope for collaborative roles with two Head Coaches of dual training centres (e.g., Lismore, Coffs Harbour, Port Macquarie) to ensure consistency in program planning and delivery. Alternatively, there is scope for a Head Coach to take on a Coordinating role to oversee program planning and delivery across the whole region.**

Qualifications, Experience and Selection Criteria

Highly desirable

1. Current Level 2 Coaching Accreditation or higher
2. Minimum Silver VNSW Membership
3. Current First aid certificate
4. Demonstrated recent experience coaching Volleyball teams at representative level will be favourably considered
5. Demonstrated Volleyball program planning and monitoring skills
6. Demonstrated leadership skills including staff leadership and professional development skills
7. Media, PR and sponsor servicing skills
8. An understanding of the application of sports science to talent development programs
9. A sound understanding of the pathways available within the sport and how this relates to programs such as NCAS
10. Highly developed communication skills
11. Computer skills, including email
12. Good organisational skills
13. Willingness to build a strong team culture
14. Reliable and available weekends and committed to attending all Academy events.

Mandatory Requirements

All Academy program staff are obliged to hold;

- A valid NSW Working with Children Check – employee, not volunteer.
- Completed the following Play by the Rules courses; https://www.playbytherules.net.au/
    - Child Protection
    - Harassment and Discrimination
    - Inclusive Coaching
    - Complaint Handling
- Completed the Sport Integrity Australia – Level 1 Anti-Doping course https://elearning.sportintegrity.gov.au/

Certificates of completion must be provided with your application.

Remuneration

Coaches within the Regional Academies Volleyball programs will be supported by Volleyball NSW, in-line with their paid coaching structure.

Coach Development Support

All coaches and managers are supported by the Academy's Coach Development Program. In 2022 all Head Coaches will have an automatic invite to the RASi Coaches Conference set for 6-8 May 2022 on the Central Coast. Travel, meals, and accommodation expenses will be covered by NCAS. Other opportunities will be confirmed throughout the program year.

Professional Development Support

All coaches and managers are allocated $200 per year to assist with any professional development expenses you have throughout the year.

Term

Assistant coaches are contracted for one program term. Under the discretion on the Sports Management Committee the development/skills coach may be offered a program extension.

Communications

The head coach will be required to communicate effectively with all program staff and athletes to ensure the smooth running of the program. They are ultimately accountable to the Academy's Program Management Committee for the overall success of the program. The head coach will liaise with the Academy's Executive Director and Sports Program Manager as required on matters related to the ongoing co-ordination of the program. The head coach will from time to time be required to represent the Academy for media interviews or special events such as Academy awards, meetings etc.

North Coast Academy of Sport
POSITION DESCRIPTION

2022 Indoor Volleyball Program - Assistant Coach

Duties of the position

1. In consultation with the other Indoor Volleyball program staff and Academy representatives, plan, develop and conduct a regional program for talented junior athletes under the principle of the Academy's STEP guidelines
2. Attend all program activities
3. Supervise, instruct, and evaluate athletes in the program
4. Liaise with specialist consultants and guest coaches

Qualifications, Experience and Selection Criteria

Highly desirable

1. Current Level 1 Coaching Accreditation, with aspirations to complete Level 2
2. Minimum Silver VNSW Membership
3. Coaching experience at club level or higher level at the targeted age group.
4. Current First aid certificate
5. Demonstrated volleyball program planning and monitoring skills
6. An understanding of the application of sports science to talent development programs
7. A sound understanding of the pathways available within the sport and how this relates to programs such as NCAS
8. Highly developed communication skills
9. Experience working effectively within a small team
10. Good organisational skills
11. Demonstrate skills required to be on athlete selection panels
12. Confidentiality
13. Reliable, available weekends and committed to attending Academy events

Mandatory Requirements

All Academy program staff are obliged to hold;

- A valid NSW Working with Children Check – employee, not volunteer.
- Completed the following Play by the Rules courses; https://www.playbytherules.net.au/
    - Child Protection
    - Harassment and Discrimination
    - Inclusive Coaching
    - Complaint Handling
- Completed the Sport Integrity Australia – Level 1 Anti-Doping course https://elearning.sportintegrity.gov.au/

Certificates of completion must be provided with your application.

Remuneration

Coaches within the Regional Academies Volleyball programs will be supported by Volleyball NSW, in-line with their paid coaching structure.

Professional Development Support

All coaches and managers are allocated $200 per year to assist with any professional development expenses you have throughout the year.

Term

Assistant coaches are contracted for one program term. Under the discretion on the Sports Management Committee the development/skills coach may be offered a program extension.

Communications

Assistant Coaches will be required to communicate effectively with other program staff to support the success of the program. All program staff primarily report to the program's Head Coach.
The coach may also liaise with the Academy's Sport Programs Manager from time to time. The coach is ultimately accountable to the Academy's Program Management Committee.