



NCAS Golf Program 2024

About the Academy

Established in 1989, the North Coast Academy of Sport aims to assist young athletes from the region to achieve sporting excellence. The Academy is a non-profit organisation covering the NSW coastal region from Laurieton to Tweed Heads. NCAS works closely with the relevant state and regional sporting associations.

Program Overview

Supported by Jack Newton Junior Golf, the NCAS Golf Program has the specific objective of identifying talented junior golfers and providing them with a level of coaching and ancillary athlete education that will assist them in taking the next step in the sport of golf.

The program is designed to expose golfers to skills assessment and development designed by JNIG, new challenges and opportunities, and to complement any lessons / training you are receiving or have received. The NCAS Education Program will deliver modules in the following areas: Sports Psychology, Injury Prevention, Sports Nutrition, Drugs in Sport, and Strength & Conditioning.

The NCAS Golf Program will run a condensed program from March to June 2024.

Coaching Staff

NCAS are thrilled to welcome Luke Woods, PGA Professional & Golf NSW – JNIG Regional Manager as Head Coach for the 2024 Golf Program. Luke brings with him a wealth of knowledge regarding pathways and athlete development through his role in the Golf NSW – JNIG talent identification and development coaching and selection team.

Being a local to the NCAS region, Luke brings a unique advantage to the program as he has a keen understanding of the challenges and opportunities that our aspiring junior golfers will encounter.

Luke is excited to see our junior golfers not only enhance their skills but also develop into well-rounded individuals. Through tailored training programs, and engaging with local industry professionals, Luke aims to unlock the full potential of each participant and continue to promote regional talent.

The re-launch of the NCAS golf academy program is an exciting chapter in our collective journey towards excellence. We invite young aspiring golfers to join Luke and the North Coast Academy of Sport, and take the next step in their golfing journey.

Name	Role	Email	Phone
Luke Woods	Head Coach	luke.woods@golfnsw.org.au	
TBC	Team Manager		
Claire McCulloch	Sport Programs Manager	programs@ncas.org.au	0448 899 681

Program Dates, Times, and Activities

Program Event	Date	Location	Notes
Applications	16 th Feb – 1 st March 2024	NCAS Website	
Induction & Edu Session	TBC	Online	Compulsory event

Proudly supported by



Office of Sport



Your local club



REGIONAL ACADEMIES OF SPORT

Training Session	16 th or 17 th March 2024		Compulsory event
Training Session	6 th or 7 th April 2024		Compulsory event
Your Local Club Academy Games	12-14 April 2024	Wagga Wagga	Compulsory event
Kew Junior Masters	4-5 May 2024	Kew GC	NCAS Camp TBC
Training Session	18 th or 19 th May		TBC
JNJG North V South Cup	24-26 May 2024	Forster	Compulsory event for selected NCAS athletes
Training Session	15 th or 16 th June		Compulsory event
NSW Junior Championship/JNJG State Age Championship	12-14 th July 2024	Lynwood Country Club	Recommended Event
NCAS Awards	12 October 2024	TBC	You should come...it'll be fun.

**Please note, training session locations will be determined based on the location of applicants. Further details will be provided once squad members have been selected.

Program Cost & Payment

The athlete levy of the 2024 NCAS Golf program is \$475.00 which includes:

- 4 x 1-day Training Sessions (includes lunches)
- 1 x 2-day Camp (Kew Junior Masters)
 - Accommodation, food, transport (during event) & coaching fees included
- Coaching from PGA Coaches and visiting elite JNJG coaches and specialists
- Course & venue hire fees
- Fitness testing
- Sport specific strength and conditioning programming
- Weekly S&C training sessions
- NCAS administration levy
- Athlete injury, death, and permanent disability insurance
- NCAS Education Program
- Athlete entry and meal at 2024 NCAS Academy Awards

NB: If, due to unforeseen circumstances the Academy is unable to deliver the entirety of the Golf Program, NCAS will consider partial refunds where appropriate.

Costs to be covered by athletes:

- NCAS uniform & golf polo
- Travel to and from Athlete Induction, Training Days, Education Program, Academy Games and Academy Awards.
- Accommodation for training days (if required), Education Program, and Academy Awards.
- Academy Games Tour fee
- Lunch and snacks at training days
- Strapping tape

'Your Local Club' Academy Games 2024

The 2024 Your Local Club Academy Games held in Wagga Wagga from 12-14th April 2024, will showcase some of the state's most talented emerging athletes across seven (7) sports including Basketball, Cycling, Golf, Hockey, Netball, Indoor Volleyball and Triathlon.

This is a compulsory event for selected athletes. JNJG & Golf NSW staff will be attending this event.

This event will operate as a live-in camp with a fee of \$550 + \$150 (optional bus travel)

The Academy Games fee will cover:

- 2 x nights (Fri & Sat) accommodation & meals (Breakfast & Lunch – Sat & Sun, Dinner – Fri & Sat). *Meals & snacks outside of this need to be covered by athletes
- Transport – coach hire, fuel & associated expenses
- Venue & equipment hire
- Registration and Insurance
- Coaching expenses
- Athlete welcome pack

Where possible, we encourage families to organise their own transport to the Academy Games. NCAS have engaged the services of Simes Coaches to transport athletes to the Academy Games should they be unable to travel with family or their fellow teammates. The bus will leave from Ballina, with collection/drop off points between Ballina and Port Macquarie. The bus will travel overnight Thursday 11th April, returning Monday 15th April. Please note that seats are limited and there will be an additional cost involved per athlete. Athletes will be responsible for own meals whilst travelling. Please notify the Academy if you wish to reserve a seat.

Eligibility to apply

To be eligible for selection, applicants must meet the following criteria:

1. Must be a current registered member of a NSW Golf Club in the North Coast catchment area.
2. Must reside within the Local Government boundaries of Tweed, Byron, Lismore, Ballina, Kyogle, Richmond River, Clarence Valley, Coffs Harbour, Bellingen, Nambucca, Kempsey and Port Macquarie-Hastings.
3. Within 12 years – 17 years age in 2024, born 2007 – 2012.
4. Handicap of preferably 12 and under for Boys / preferably 18 and under for girls; all applicants will be considered on merit and potential.
5. Representing at school or club level as a minimum, preferably at a district level.
6. Must have a willingness to undertake a structured development program and abide by NCAS policies.
7. Preferably have golf as their primary sport played.
8. Complete and submit an application form by the due date.

Application Process

The selection process will follow the following steps:

1. Prospective athletes submit an application form by **1st March 2024**.
2. The Head Coach will select the squad based on information provided and may offer a trial day if required.

Selection Committee

The Selection Committee will consist of:

- The NCAS Head Coach
- A representative from Jack Newton Junior Golf
- NCAS Executive Member

Selection of athletes is based on development potential which includes factors such as age, performance history, attitude, coachability and not necessarily based purely on handicap.

For those athletes that are selected, you will receive a detailed offer to join the program which will include details on program dates, cost to athletes (the program is financially supported by the JNJG, however there will be an athlete levy to cover expenses determined from the program budget), uniform, insurance cover and NCAS athlete policies. This fee covers training session costs and will not necessarily cover all tour expenses; therefore, attendance at some events may incur further charges.

On behalf of JNJG and the NCAS, I extend my thanks to the athletes and their families who apply for a position in the program in the hope of gaining a new and rewarding experience.

Yours Sincerely,

A handwritten signature in blue ink, appearing to read 'D'Arcy Van den Bossche'.

D'Arcy Van den Bossche
Executive Director
North Coast Academy of Sport