



NCAS Golf Program 2024-25

About the Academy

Established in 1989, the North Coast Academy of Sport aims to assist young athletes from the region to achieve sporting excellence. The Academy is a non-profit organisation covering the NSW coastal region from Laurieton to Tweed Heads. NCAS works closely with the relevant state and regional sporting associations in the development of Academy Sport Programs.

Program Overview

Supported by Jack Newton Junior Golf, the NCAS Golf Program has the specific objective of identifying talented junior golfers and providing them with a level of coaching and ancillary athlete education that will assist them in taking the next step in the sport of golf.

The 2024-25 Golf Program will run from November 2024 – May 2025.

The program is designed to expose golfers to skills assessment and development designed by JNIG, new challenges and competition opportunities. A key feature of all Academy programs is the NCAS Education Program, which exposes athletes to various sports science and ancillary education modules. Athletes are also provided with face-to-face strength & conditioning coaching and programming through the Academy's Athlete Management System – XPS.

Coaching Staff

Name	Role	Email
Luke Woods	Head Coach	luke.woods@golfnsw.org.au
Tom Major	Assistant Coach	tmajor@pgamember.org.au

Program Dates

Please note that these dates are to be used as a guide only. Final dates and locations will be made available to successful applicants.

Camp	Date	Venue
Induction & Education Camp	23-24 th Nov 2024	Lake Ainsworth, Lennox Head
Session 1	15 Dec 2024	TBC
Session 2	19 Jan 2025	Regions - TBC
Northern Inter-Academy Camp	7-9 Feb 2025	Armidale
Session 3	9 Mar 2025	Regions - TBC
Session 4/Peter O'Malley TBC	Mar 2025	Bathurst TBC
Academy Games	11-13 April 2025	Tamworth, NSW
Session 5	11 May 2025	TBC
JNIG North V South Cup	23-25 May 2025	Southern Highlands
Session 6	15 June 2025	TBC
NCAS Academy Awards	11 th Oct 2025	TBC

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Program Cost & Inclusions

The athlete levy of the 2024-25 NCAS Golf program is \$475.00 which includes:

- 6 x 1-day Training Sessions (includes lunches)
- 1 x 2-day NCAS Induction & Education Camp
- Coaching from PGA Coaches and visiting elite JNIG coaches and specialists
- Course & venue hire fees
- Fitness testing
- Sport specific strength and conditioning programming
- Weekly S&C training sessions
- NCAS administration levy
- Athlete injury, death and permanent disability insurance
- NCAS Education Program
- Athlete entry and meal at the NCAS Academy Awards

**Please note, training session dates and locations will be determined based on the location of applicants. Further details will be provided once squad members have been selected.

**The Northern Inter-Academy Camp will incur a separate fee.

Eligibility to apply

To be eligible for selection, applicants must meet the following criteria:

1. Must be a current registered member of a NSW Golf Club in the North Coast catchment area.
2. Must reside within the Local Government boundaries of Tweed, Byron, Lismore, Ballina, Kyogle, Richmond River, Clarence Valley, Coffs Harbour, Bellingen, Nambucca, Kempsey and Port Macquarie-Hastings.
3. Within 12 years – 17 years age in 2025, born 2008 – 2013.
4. Handicap of preferably 12 and under for Boys / preferably 18 and under for girls; all applicants will be considered on merit and potential.
5. Representing at school or club level as a minimum, preferably at a district level.
6. Must have a willingness to undertake a structured development program and abide by NCAS policies.
7. Preferably have golf as their primary sport played.
8. Submit an application form by the 30th September 2024.

Application Process

The selection process will follow the following steps:

1. Prospective athletes submit an application form by 30th September 2024.
2. The Head Coach will select the squad based on information provided and may offer a trial day if required.

Selection Committee

The Selection Committee will consist of:

- The NCAS Head Coach
- A representative from Jack Newton Junior Golf
- NCAS Executive Member

Selection of athletes is based on development potential which includes factors such as age, performance history, attitude, coachability and not necessarily based purely on handicap.

For those athletes that are selected, you will receive a detailed offer to join the program which will include details on program dates, cost to athletes (the program is financially supported by the JNJG, however there will be an athlete levy to cover expenses determined from the program budget), uniform, insurance cover and NCAS athlete policies.

On behalf of JNJG and the NCAS, I extend my thanks to the athletes and their families who apply for a position in the program in the hope of gaining a new and rewarding experience.

Further Information

For further information please contact Claire McCulloch, NCAS Sport Programs Manager, via 0448 899 681 or programs@ncas.org.au.

Yours Sincerely,

A handwritten signature in blue ink, appearing to read 'D'Arcy Van den Bossche'.

D'Arcy Van den Bossche
Executive Director
North Coast Academy of Sport